

# TRANSFORM HAIR & BEAUTY



ENVIRON®

A BEAUTIFUL SKIN FOR A LIFETIME

**187-189 Replingham Road  
Southfields  
London SW18 5LY**

**For all bookings, please call or email the  
salon**

**tel: 020 8870 6465**

**email:**

**info@transformstudios.co.uk**

**www.transformstudios.co.uk**


**GTHB Ltd  
t/a Transform Hair & Beauty**

## WELCOME

We are a team of highly skilled hair and beauty therapists who aim to provide excellent treatments and services that leave you looking and feeling your best, and to help you retain a more youthful appearance by applying an expert approach to hair and skincare and using products of the highest standards

**Gwen Brits**  
Salon Director

Environ skincare was founded and developed by Dr Des Fernandes, a respected plastic surgeon. His research showed that prolonged exposure to harmful pollution, UVA & UVB rays destroys the essential vitamins in our skin that keep it supple and youthful. Environ uses active vitamin A, E, C and Betacarotene to normalize an unhealthy skin thus promoting more collagen, elastin and fibroblast cells to help skin regain its youthfulness.



## Environ Facial Treatments

Hydrating facial 60mins £50.23

A perfect pick-me-up facial for an instant hydrating boost and glow. (No steam or extractions)

Deep cleansing facial 90mins £59.96

The perfect treatment to help combat the problem of excess oil production and eliminate blocked pores. (Cleanse, tone, exfoliate, steam, extract, luxury massage & mask.

Un-winder 60mins £56.58

A 15min de-stress back, neck & shoulder massage, followed by a rebalancing 45min cleansing facial specific to your needs.

Ultra-hydrating paraffin wax mask £10.00

Add this vitamin E enriched mask to your facial. Warm paraffin wax increases blood circulation and opens pores allowing maximum product penetration. This nourishes and rejuvenates a dull dry skin leaving a soft, fresh, healthy appearance.

## Anti-ageing

Active vitamin facial 90mins £79.95

A highly rejuvenating and pampering treatment. Active forms of fresh vitamin A, C & E are applied to the skin and propelled deep into the lower layers by iontophoresis currents which aid the penetration of the product. This repairs snapped collagen and elastin fibres helping to plump-out fine lines and wrinkles.

## Prescriptive

Masque Crystal treatment 60mins £56.38

This is a specific treatment for wrinkles, sun damage, hyper-pigmentation & acne scarring, using active forms of vitamin C.

Acne treatment 60mins £56.38

For acne (active & rosacea), photo -damaged or congested skins with large open pores. Lactic acid is applied in various strengths to help with sebum control and causes acid sterilization so that bacteria can no longer survive. Lactic acid also hydrates the skin.

## Body Bliss

Africa spa salt scrub and nourish 60mins £39.98

Relax and unwind whilst we scrub away all your dead skin cells with a gentle Africa spa salt scrub, stimulating blood circulation to bring back the healthy glow you have been missing. (Excellent for pre and post holiday or wedding.)

Purifying back treatment 60mins £45.10

Whether congested or not, the back cleanse removes impurities through exfoliation and steam followed by a soothing back, neck & shoulder massage and ended with an antibacterial tea tree mask.

The ultimate experience 90mins £71.75

A gentle Africa spa salt scrub followed by a tranquil full body massage.

Fake bake 75mins £53.30

Look and feel your best for that special occasion without the damaging effects of the sun. A gentle passion fruit scrub lifts away dead skin cells followed by a self tan application that gives you a natural glow. (Please wear dark loose clothing and sandals when leaving this treatment.)

### Treatment Packages – The Perfect Gift

Give more for less

Queen for the day / Bride to be 4 hrs £153.75

Come in and switch off while you enjoy a pampering manicure & pedicure, followed by a hydrating facial and ending with a calming body massage to drain all those stresses and worries away. You deserve it!

Male essentials 75mins £71.75

Men may look tough but even they sometimes need to unwind & be pampered. A relaxing deep back neck & shoulder massage followed by a purifying facial specific to your needs.

## Aromatherapy Massages

Tension relief express massage 15mins £16.40

Perfect to de-stress before your salon treatment or to prepare you once again to face the outside world. (Must be combined with another salon treatment.)

Holistic back, neck & shoulder massage

30mins £33.83

A relaxing, holistic massage to help you cope with the stresses and strains of everyday life.

Uplifting full body massage

60mins £47.15

This deep, uplifting & stimulating massage increases your blood circulation to encourage the release of toxins and lactic acid build up from stiff aching muscles and joints. (Ideal for arthritis and before & after strenuous exercise.)

Pure indulgence massage

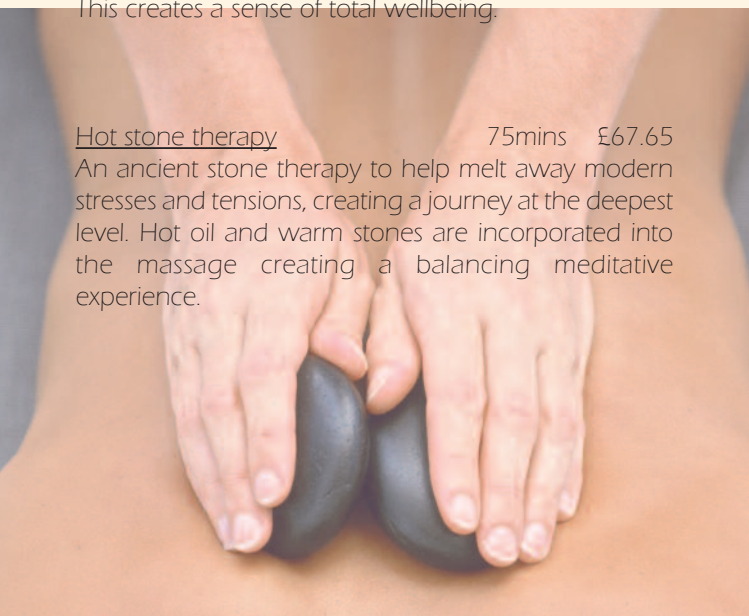
90mins £61.50

This head to toe soothing, balancing massage is the ideal treat when needing to switch off and drift away. This creates a sense of total wellbeing.

Hot stone therapy

75mins £67.65

An ancient stone therapy to help melt away modern stresses and tensions, creating a journey at the deepest level. Hot oil and warm stones are incorporated into the massage creating a balancing meditative experience.



## Mum-to-be

All our Mum-to-be massages are done lying down in the recovery position to aid total comfort and complete relaxation, with the use of warm plain oil to help penetrate and soothe all those swollen ankles, joints and pains.

### Pregnancy back, neck & shoulder massage

30mins £33.83

### The full tension reliever massage

60mins £44.08

### Mum-to-be package

2 hrs £78.93

Being pregnant does not mean that you can not look and feel your best. This package includes a manicure & pedicure, followed by a soothing face cleanse & ending with an uplifting shoulder, face and scalp massage to brighten up your skin.

## Alternative Therapies

### Indian head massage

30mins £33.83

This massage releases the stress that has accumulated in the tissues, muscles and joints of the head, face, neck and shoulders through deep kneading and compression movements and also gently stimulating and stroking pressure points on the face.

### Reflexology

60mins £46.13

A complementary therapy, which works on the feet to help heal the whole person not just the prevailing symptoms. Applying pressure to specific points on the feet encourages the flow of oxygenated blood to all the organs and glands in the body. This gentle therapy encourages the body to work naturally to restore its own healthy balance. Helps with migraines, stress & anxiety, birth inducements, IBS and more.



## Hands

OPI & China Glaze Nail colours

Reshape & varnish 30mins £16.40

Excellent to add to another treatment

Complete manicure 45mins £27.68

(The nails are cut, filed and the cuticles neatened. The hands are exfoliated and given a soothing massage followed by your choice of colour or clear varnish)

Deluxe paraffin wax manicure 75mins £37.93

To encourage extra moisturisation and softening effects of the cuticles and hands leaving them well nourished and hydrated.

Extra French polish 15mins £4.10

## Feet

Reshape & varnish 30mins £16.40

Excellent to add to another treatment

Prescriptive pedicure 60mins £33.83

(The nails are cut, filed and the cuticles neatened. The feet are scrubbed & the rough skin filed away, followed by a relaxing foot massage and ending with your choice of colour or clear varnish)

Deluxe paraffin wax pedicure 75mins £43.05

To encourage extra moisturisation and softening effects of the cuticles and heels of the feet leaving them well nourished, softened and hydrated.

Heel blading extra £3.07

For dry hard skin. Please request if required during a pedicure

Extra French polish 15mins £4.10



## Eye Care

Eyelash tint 30mins £19.48

(when taken with facial) 15mins £13.33

Eyebrow tint 30mins £13.33

(when taken with facial) 15mins £11.28

Lash & brow tint 30mins £26.65

(when taken with facial) 15mins £22.55

A patch test is required 24hrs before your first tint.

## Hair Removal

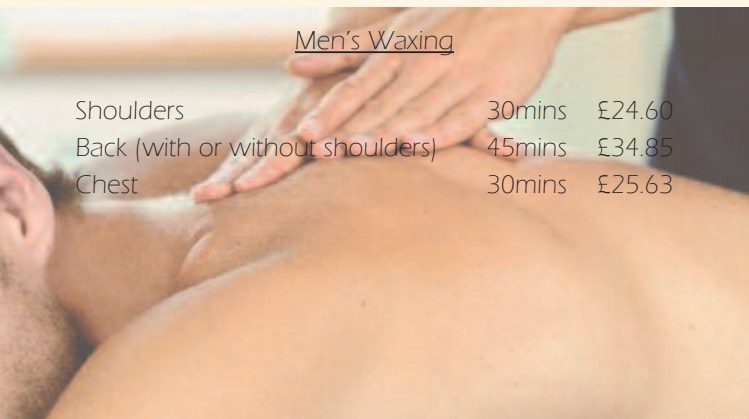
We offer hot or strip waxing at the same price, please specify your preference.

We use a gentle, effective and natural strip wax that helps prevent ingrown hairs.

1/2 leg (lower or Upper)	30mins	£21.53
3/4 leg	30mins	£25.63
Full leg	45mins	£28.70
Bikini or underarm	30mins	£13.33
Bikini or underarm (with any leg wax)	30mins	£12.30
Extended bikini (less £2 with any leg wax)	30mins	£18.45
Brazilian (less £2 with any leg wax)	30mins	£23.58
Hollywood (less £2 with any leg wax)	30mins	£30.75
Stomach		£11.28
Patch		£3.07
1/2 arm	30mins	£19.48
Full arm	30mins	£23.58
Lip or chin	30mins	£11.28
Lip & chin	30mins	£18.45
Eye brow(waxed or tweezer shaped)	30mins	£14.35

## Men's Waxing

Shoulders	30mins	£24.60
Back (with or without shoulders)	45mins	£34.85
Chest	30mins	£25.63



## Hair

<u>Styling -</u>	Senior Stylist	Director
Re-style	£41.00	£46.13
Ladies' Cut & Blow Dry**	£35.88	£41.00
Mens' Cut & Blow Dry**	£25.63	£28.70
Children under 10 yrs	£12.30	£12.30
Children over 10 yrs	£20.50	£20.50
Short Blow Dry	£17.94	£19.48
Medium Blow Dry	£20.50	£25.63
Longer Blow Dry	£25.63	£30.75
Technical Styling	£20.50	£20.50

\*\* £5.00 discount when taken with a colour treatment

<u>Colour</u>	Technician from	Expert from
Full Head - Highlights / Lowlights	£92.25	£97.38
Half Head - Highlights	£61.50	£66.63
3/4 Head - Highlights	£82.00	£87.13
T-Section Highlights	£49.20	£51.25
Full Tint	£51.25	£56.38
Tint Regrowth	£41.00	£46.13
Natural Glossing Semi	£46.13	£55.35
Tint with Highlights	£76.88	£82.00
Natural Glossing Semi with Highlights	£71.75	£76.88

Fashion Colours	by quotation
Change of Colour	by quotation
Colour Correction (by colour expert)	by quotation

## Treatments

Hair Treatments	£10.00 to £15.00
Hair Treatments with 15min scalp massage	£20.50

Hair Upstyles	by quotation
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Note: Some prices may vary depending on procedure & length of appointment time. Some technical services may require a deposit. All prices are inclusive of VAT.

Complimentary style, colour & home card consultations are available.

# GIFT VOUCHERS

ALWAYS AVAILABLE FOR THAT SPECIAL  
SOMEONE OR OCCASION

Available for any value or a specific beauty or hair  
treatment. Valid for 6 months from date of purchase  
(not extendable).

## Advice and Tips

### Children

As a courtesy to other clients in treatments, and for health and safety reasons, children cannot accompany parents into the treatment room. Please also be aware that our receptionist cannot be held responsible for the supervision of children waiting in the reception area whilst parents are undergoing their treatments.

### Notice Period

As a courtesy to other clients and our therapists, please give at least 24 hours notice if you need to cancel or re-schedule an appointment to avoid a 50% cancellation fee. Missed appointments will be charged the full price.

### Late Arrivals

It's in our best interest at Transform to deliver the best we can in all our treatments. We understand that sometimes you can't avoid being late. We will however endeavour to maximize your treatment in the time allocated for your appointment. We encourage you to still relax for the remaining time of your treatment.

### New Clients

Please arrive 15mins before your treatment to allow time to complete your record card.

### Mobile phones

We try to create an ambience of total relaxation and calm for all our clients to enjoy. With this in mind we ask you to please switch off your mobile phone during treatments and for the consideration of others trying to relax.

### Hair Appointments

Our hair stylists are highly trained with years of experience and have all been senior stylists in top London salons.

### Manicures & Pedicures

By offering to pay for your manicure beforehand will avoid smudges. Please remember to bring open-toe shoes to wear home after a pedicure.

### Fake Bake

Please remember to wear or bring dark, loose clothing and sandals for after your Fake Bake treatment.

Do promise to switch off and relax during your well deserved time spent with us at Transform Hair and Beauty...and we look forward to seeing you on your follow up visit.  
Thank you for your kind support.

### OPENING HOURS:

Monday – Thursday  
9am - 9pm

Friday - 9am - 5pm

Saturday – 9am - 5pm

Sunday – 10am - 4pm  
(every 2nd & 4th in the month)

Please note  
Treatment times include time  
spent changing.

Kids only Monday - Friday

Stockists of ENVIRO N<sup>ti</sup> skin care products  
OPI and China Glaze for Nails